

Biophilic Design Meets Family Functionality: A Nature-Inspired Playroom in a Grade II-Listed Home

“Fusing biophilic design with elegance, this playroom creates a serene and functional space for young children by incorporating natural wood, soothing green tones, and organic forms. The central circular alcove, inspired by nature, fosters calm and comfort, while subtle LED lighting enhances the tranquil atmosphere – reflecting the growing importance of biophilic principles in creating spaces that promote well-being.”

Cinzia Moretti – BIID Registered Member

This project was designed for a young family with two small children seeking a refined yet functional playroom within their Grade II-listed property. The brief was to create a space that is elegant, practical, and subtly connected to nature, with a biophilic-inspired design that harmonizes with the adjacent living and dining rooms. To maintain an elegant aesthetic, we incorporated biophilic principles with subtlety – selecting colours, materials, and textures that gently stimulate the mind and evoke a sense of tranquillity.

Located on the ground floor between these formal spaces, the playroom needed to feel cohesive with the

surrounding areas while fostering a distinct, nature-infused atmosphere. To achieve this, we used a harmonious palette of wood and green tones to evoke a sense of serenity and natural warmth.

A central feature of the design is a circular alcove, inspired by organic forms found in nature. This inviting nook includes a soft green cushion set into a wooden wall, reminiscent of lush, calming outdoor hues. The wooden reeded doors add warmth and texture, while the green tones further enhance the connection to nature, creating a cosy spot for children to relax, read, or play.



A delicate LED light follows the upper curve of the alcove, casting a gentle, ambient glow that adds an enchanting touch. This soft illumination mimics natural light, creating a soothing atmosphere that promotes calm and comfort.

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